Are you at risk of prostate cancer?

Most men with early prostate cancer don’t have any symptoms. That’s why it’s important to know about your risk.

1 in 8

In the UK, about 1 in 8 men will get prostate cancer in their lifetime.

Prostate cancer is the most commonly diagnosed cancer in the UK.

Over 50 years old

Prostate cancer mainly affects men over 50 and your risk increases with age. The most common age for men to be diagnosed with prostate cancer is between 65 and 69 years.

Family history and genes

You are two and a half times more likely to get prostate cancer if your father or brother has been diagnosed with it, compared to a man who has no relatives with prostate cancer.

Your risk of getting prostate cancer may also be higher if your mother or sister has had breast cancer.

Ethnicity

Black men are more likely to get prostate cancer than other men, and at a younger age. In the UK, about 1 in 4 black men will get prostate cancer in their lifetime. If you are a black man, your risk may increase once you’re over 45.

Speak to our Specialist Nurses
0800 074 8383*
prostatecanceruk.org