**How to log your steps**

1. Make sure you are logged into your JustGiving March the Month page by following this link:
   [https://marchthemonth.prostatecanceruk.org/?login=true](https://marchthemonth.prostatecanceruk.org/?login=true)

2. Once logged in, click the button labelled **MY PAGE** in the top right corner on desktop and mobile.

3. Scroll down your page until you see the button **LOG STEPS**. Click on this button.

4. The “Log steps” box will pop up asking you to input your step count, the date you are adding steps for (in the last week) and a description of how you found the challenge that day or what you got up to. This description is a great chance to let your sponsors know how you’re getting on.