

THANKS TO YOUR SUPPORT...

A world where no man dies of
prostate cancer is closer than ever.



**PROSTATE
CANCER UK**





OUR IMPACT SO FAR


A man diagnosed with prostate cancer in 1996, when Prostate Cancer UK was founded, faced a very different world. Since then, we've transformed what the path ahead looks like for men. With regular gifts like yours, together we've achieved:

£120m invested
Generosity from supporters like you has fuelled over £120m into cutting-edge research.



15,000+ conversations
Our **Specialist Nurses** engage in over 15,000 conversations yearly, providing expert support to affected men and their families.

mpMRI technology
Hospitals across the UK now use **advanced mpMRI scanning**, significantly improving prostate cancer diagnosis accuracy.



Precision medicine milestone
We've achieved the development of the world's first precision medicine for prostate cancer.

Empowering men



Over **four million** men have used our 30-second online tool to check their risk of prostate cancer and take informed action.

A TIMELINE OF OUR LIFESAVING RESEARCH



1996



Prostate Cancer UK
is founded.



2008

We fund research into using **mpMRI scanning technology** to revolutionise prostate cancer diagnosis, paving the way for the groundbreaking PROMIS trial.



2014

We invest in exploring **olaparib**, a breast and ovarian cancer drug, for men with advanced prostate cancer.



2017

PROMIS trial results show mpMRI cuts unnecessary biopsies, boosting diagnosis precision. We push for nationwide access to pre-biopsy mpMRI.



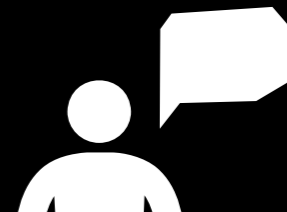
2019

Our early funding turns olaparib into **the world's first precision medicine** for prostate cancer.



2023

We announce the **TRANSFORM trial**, the biggest and most ambitious prostate cancer screening trial for 20 years which aims to save thousands of men every year by finding the best way to screen for prostate cancer.



2025

The National Screening Committee recommends prostate cancer screening for men **with rare genetic variations that increase their risk of prostate cancer**.



2026

NHS England offers **hormone therapy** abiraterone to men with high-risk localised or locally advanced prostate cancer following our three-year campaign.

WHERE YOUR MONEY GOES

Your regular donations will help us to:

- Fund more of the very best research across the UK, to uncover new ways to diagnose and treat prostate cancer.
- Continue collaborating with scientists committed to creating a successful screening programme.
- Always be there for men and their loved ones, in their corner, giving them the power, support and information they need to navigate prostate cancer.
- Work across communities, especially those at highest risk, to help men understand their risk of prostate cancer and what to do about it.



A year of donations* could give one of our researchers an hour on a high-tech machine. This machine deep dives into prostate cancer cells, helping us understand them better.



3 years of donations* could pay to store prostate cancer samples for a whole year. This gives our researchers time to study the cells, finding new ways to detect and treat the disease.



5 years of donations* could cover a researcher's use of cutting-edge laser tech for two days. These days are crucial for testing how new treatments strengthen the immune system against prostate cancer.

*based on a £10 monthly donation

Helping men understand their risk of prostate cancer and what to do about it

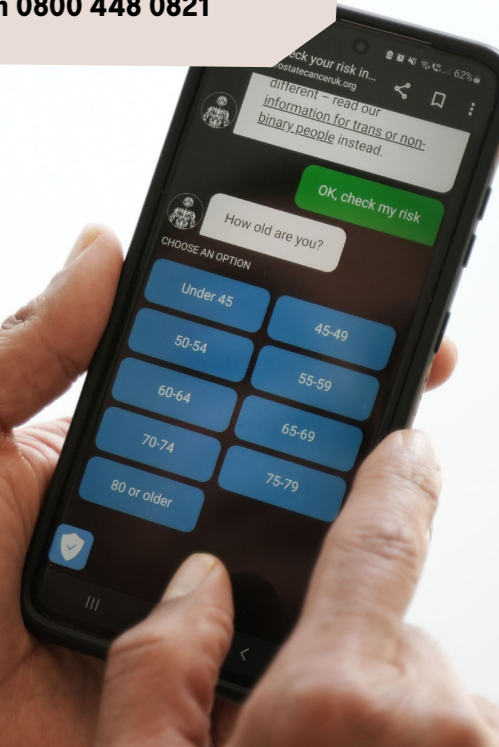
1 in 8 men will get prostate cancer. But the earlier you catch it, the easier it is to treat. We launched our 30-second online risk checker to inform men about their risk of prostate cancer.

Men now have the knowledge and tools to speak to their GP. More than 4 million people have used our 30-second risk checker to understand their risk of prostate cancer. Learn the risk factors for prostate cancer and share our 30-second risk checker with the men in your life.



prostatecanceruk.org/wel-risk

Questions about your risk of prostate cancer or the PSA blood test? **Call our Risk Information service on 0800 448 0821**





GARY'S EXPERIENCE WITH OUR SPECIALIST NURSES

Gary, a 61-year-old wildlife photographer from Hertfordshire, was blindsided by a prostate cancer diagnosis in 2016. Despite having no family history or awareness of the disease, Gary's proactive approach to health led him to request a PSA blood test after a casual chat with a golf mate.

Following Gary's diagnosis, Gary's wife urged him to contact Prostate Cancer UK's Specialist Nurses, who offered clear, honest, and balanced information. Their support eased Gary's fears, helping his decision-making.

Opting for a successful robotic-assisted prostatectomy, Gary had a remarkable recovery with no significant side effects. He put it down to the unwavering support of family, friends, and Prostate Cancer UK during his journey.

Thanks to generous donations from supporters like you, Prostate Cancer UK can continue providing vital services, including Specialist Nurses like those who guided Gary.

“ **My experience confirmed the strength of my family and friends. If you're diagnosed, deal with it soon. The Specialist Nurses were amazing – clear, honest, and easy to talk to. I can't fault anyone who helped me along this journey.** ”



MARK'S INSPIRING JOURNEY OF RECOVERY

Meet Mark Nugent, a 62-year-old Master Mariner from Wallsend whose life took a turn in 2018 when he discovered a Prostate Cancer UK leaflet at work. This led to a PSA blood test and a subsequent prostate cancer diagnosis.

Formerly a heavy drinker, Mark quit alcohol, embracing a healthier lifestyle with guidance from our Specialist Nurses. Despite challenges like weight gain and side effects, Mark stays optimistic, using exercise as a coping mechanism.

“ **When I went swimming, I would pretend I was pushing the cancer to one side. When I went walking, I would pretend to stomp the cancer with the sole of my boots.** ”

He fundraises for Prostate Cancer UK by climbing mountains and swimming miles.

Mark credits the support from our Specialist Nurses and his openness about his diagnosis as crucial in navigating his prostate cancer journey.

“ **I wouldn't be here if it wasn't for Prostate Cancer UK.** ”

Your continued support allows us to make a difference in the lives of individuals like Mark, ensuring they receive the support and information needed for their journey to recovery.

You can access free, confidential support from our specialist nurses if you have prostate cancer, or care about someone who does. Call us on 0800 074 8383, email or chat with them online at prostatecanceruk.org/get-support

Call our specialist nurses from Monday to Friday 9am - 5pm (Wednesday 10am - 5pm).

Calls are recorded for training purposes only. Confidentiality is maintained between callers and Prostate Cancer UK.



BRINGING HOPE TO MEN WITH ADVANCED PROSTATE CANCER

Dr Victoria Dunne, a researcher at Queen's University Belfast, leads an international team focused on revolutionising radiotherapy treatment for advanced prostate cancer

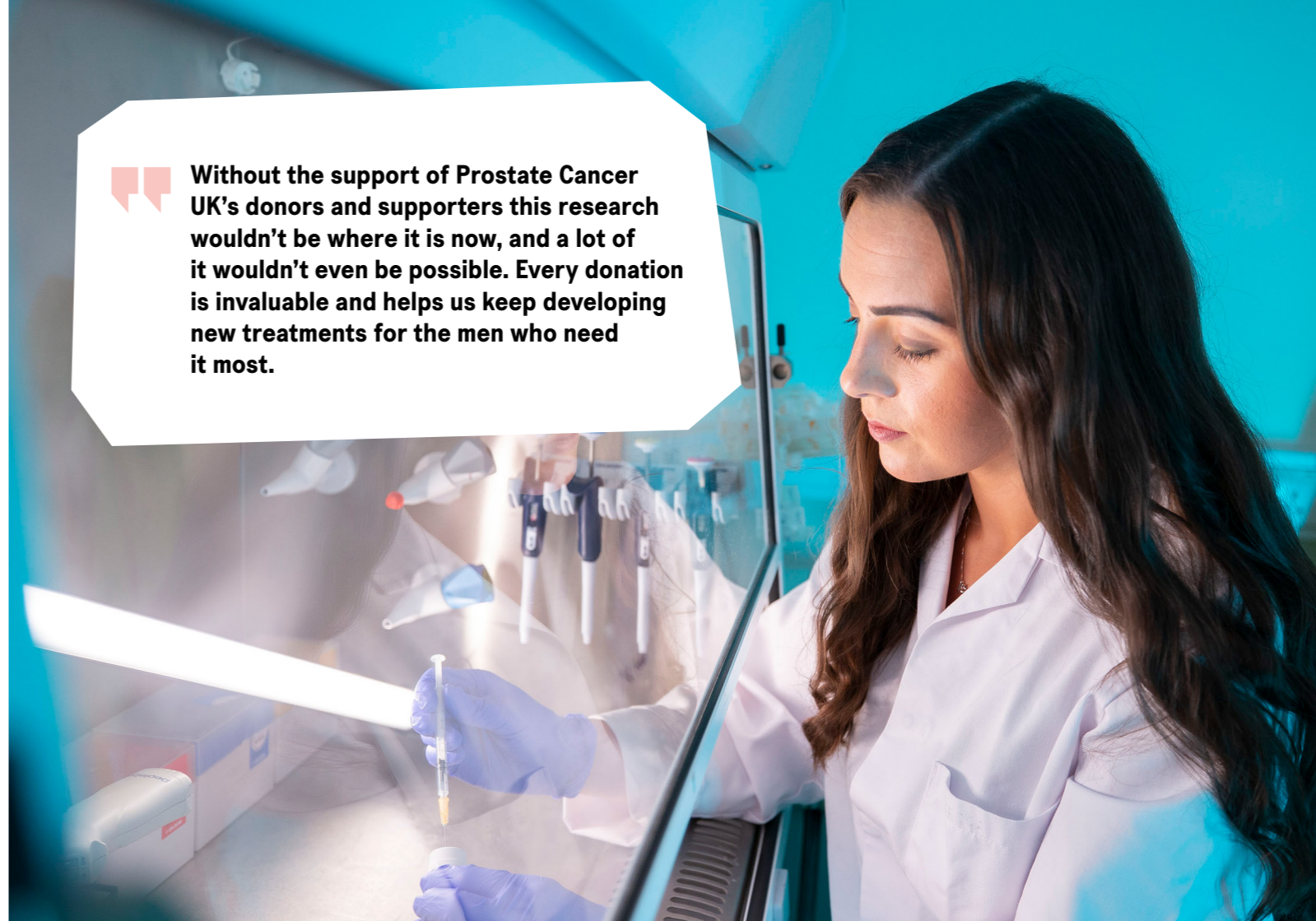
Her research aims to enhance the effectiveness of radium-223, a treatment injected into the bloodstream that zeroes in on cancer cells in the bones, sparing healthy cells.

The research also explores why men who've lost specific genes respond more favourably to radiotherapy. Unravelling this genetic puzzle could pave the way for highly personalised treatments, a groundbreaking approach in the world of radiotherapy.

Your donations will help ensure we can continue to support crucial research projects like this.



Without the support of Prostate Cancer UK's donors and supporters this research wouldn't be where it is now, and a lot of it wouldn't even be possible. Every donation is invaluable and helps us keep developing new treatments for the men who need it most.





DECODING PROSTATE CANCER

Meet Dr Jason Webber and his team at Swansea University, determined to outsmart prostate cancer by intercepting its secret messages.

Dr Webber's focus is on extracellular vesicles, tiny packages that normal cells use to communicate. However, in the case of cancer cells, these packages infiltrate healthy cells, creating an environment where prostate cancer can grow.

Thanks to his work, a simple blood test can now intercept these messages, enabling earlier treatment for aggressive prostate cancer and providing regular reassurance for lowgrade cases.

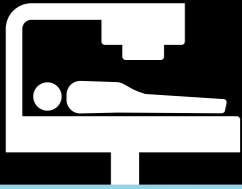
Your donation will help contribute to groundbreaking research projects like Dr Webber's.



It's down to the funding that I've received from Prostate Cancer UK that I'm able to make these cell discoveries and look to give men the reassurance they need when they receive a prostate cancer diagnosis.

A CLEAR PATH FORWARD

We still have steps to take but, thanks to supporters like you, together we can build a clear path to a world where no man dies from prostate cancer. Here's how:



BETTER DIAGNOSIS

We're laying the groundwork for a screening programme, where at-risk men receive regular, precise tests that can spot cancer early enough for a cure. Your support can help make this a reality.



BETTER TREATMENT

Despite breakthroughs in research, too many men are still dying, and many more are living with side effects. Your ongoing support is crucial to help uncover new treatments and refine existing ones, to give men at all stages of the disease the best possible outcome.



BETTER SUPPORT

Our Specialist Nurses provide trusted information and emotional support. Your backing helps us expand our services further to provide personalised support – from sex life concerns to mental health and financial struggles. Together, we're reshaping healthcare, ensuring men are informed, empowered, and in control at every step.



Want to read reliable, up-to-date information about prostate cancer and other prostate problems? Our publications are available for free online. Visit prostatecanceruk.org/prostate-information-and-support



prostatecanceruk.org



Prostate Cancer UK



@ProstateUK



[prostatecanceruk](https://www.instagram.com/prostatecanceruk)



Prostate Cancer UK

If you are concerned about yourself or your family, you can call our specialist nurses on 0800 074 8383 or chat to them online at prostatecanceruk.org/get-support

Lines are open Monday to Friday 9am - 6pm (Wednesday 10am - 5pm). Calls are recorded for training purposes only. Confidentiality is maintained between callers and Prostate Cancer UK.



**PROSTATE
CANCER UK**