

THE 18TH

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THE INTERVIEW
Fred MacAulay



**PROSTATE
CANCER UK**



THE INTERVIEW

Fred MacAuley



For most casual golfers, a hole-in-one is a once in a lifetime scenario, but imagine bagging a brace of aces – on the same hole.

That's exactly what comedian and broadcaster Fred MacAuley achieved at the iconic Loch Lomond course, conquering the Par 3 17th in a single shot on two separate occasions.

"Let's just say the first one was a medal day so that cost me a lot of money," smiled the Scottish funnyman, a long-time supporter of the work of Prostate Cancer UK. "I didn't see it drop, but on the second occasion I watched it all the way. That was a quieter day, which as a Scot was most welcome!"

Fred, who turned 65 in December, is an avid golfer and first picked up a club half a century ago.

He said: "I've been playing golf since I was introduced to it by my non-playing father as a young lad of 10 or 11 in Perthshire and it's a sport I enjoy on many levels.

"From trying to reduce my handicap, to the competitiveness of match play competitions, to annual 'lads trips' with lifelong friends where the banter is more important than the game itself. Especially if you're on the losing side.

"And I know that's the same for golfers all over the globe. That's why the game is unique in uniting us all. And that's why it's so popular."

He added: "I'm fortunate as a Scot that we have got no end of golf courses. I play as often as I can and getting into older age I'm hoping to play a wee bit more. I'm still hoping that my handicap is on my way down. Ever the optimist.

"In that sense golf is a perfect playing partner for Prostate Cancer UK. The average age of golfers is over 50 and that's when the risk of this disease increases.

"It's harrowing to think that prostate cancer affects one in eight men, and it is a disease that affected my father before he passed away. To educate more

men about their risk and raise vital money to fund the research that will make a change is a win-win situation for me."

Prostate cancer is the most common cancer in men, and it's a disease that has hit the MacAuley family hard. Not only did his dad suffer with the disease, his older brother Duncan (pictured with Fred below) was also diagnosed around five years ago.

"It's something I'm very aware of," added Fred. "I speak to my brother a lot and see my GP regularly and my PSA levels are monitored. It's so important when you get to a certain age.

"For years we have been afraid to talk about prostate cancer, we've been afraid to talk about the ways that you find out whether you are suffering from it. The more we talk about it the more likelihood there is that people are going to be aware of it themselves and might take the steps to detect it early.

"The work of Prostate Cancer UK is so important and those who support this wonderful charity by hosting golf days and taking on epic challenges like The Big Golf Race are doing their bit to fund lifesaving research.

"For someone that has seen the impact of this horrible disease first hand, I can't thank these people enough."



IN THE GOLFING COMMUNITY

The Big Golf Race raises big funds to help beat prostate cancer

Following the success of our marathon golfing challenge, The Big Golf Race, in 2020, we have been blown away by the support shown by those who took part in 2021.

2,225 golfers took on either two or four rounds of golf in a day across the UK last year in all weathers, raising an absolutely incredible £976,928.

This money will help to fund vital research to find better treatments and tests into prostate cancer and will also help our Specialist Nurses to keep providing award winning support to men and their families affected by the disease.

We're pleased to let you know that The Big Golf Race will be back again this year, so scan the QR code below or visit prostatecanceruk.org/golfnewsbgr to find out more and sign up. You don't want to miss out.

Choose between the Marathon (four rounds of golf in one day) or Half Marathon (two rounds of golf in one day). Get golfing with your mates to help beat prostate cancer. To join them, visit prostatecanceruk.org/TheBigGolfRace



Sundridge Park's donation puts captain in top spot

Some may say that raising thousands of pounds is a bridge too far – but that certainly wasn't the case for Alex Yazdani.

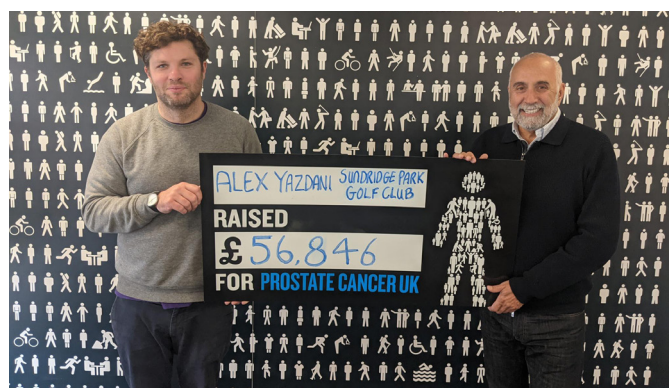
The Sundridge Park Golf Club captain and member of 15 years wrote his name in the Prostate Cancer UK history books last year by handing over the largest ever single donation from a captain – a whopping £56,846.

Alex (pictured) and his Bromley-based clubmates raised their terrific total over two years, with more than half of that being raised through a five-hour, 15-mile trek across London, taking in the capital's 15 iconic bridges.

Choosing Prostate Cancer UK as his charity was an easy choice for Alex, who sadly lost his grandfather to the disease. He was also a friend of charity ambassador and goalkeeping legend, Ray Clemence, who died from prostate cancer in 2020.

And after an extended captaincy due to the pandemic, Alex has plenty of fundraising advice for captains of the future.

“Enjoy your time as captain, as you only get to do it once,” he said. “And keep your fundraising to a few projects only. It's hard to keep asking members to put their hands in their pockets!”



We've teamed up with the PGA to help ensure every pro and their golf members are aware of prostate cancer.

Get your pro involved now and help golfers at risk of this deadly disease.

If you'd like more information email golf@prostatecancer.org

PGA[®]
The Professional Golfers' Association

Partner

Captain's log

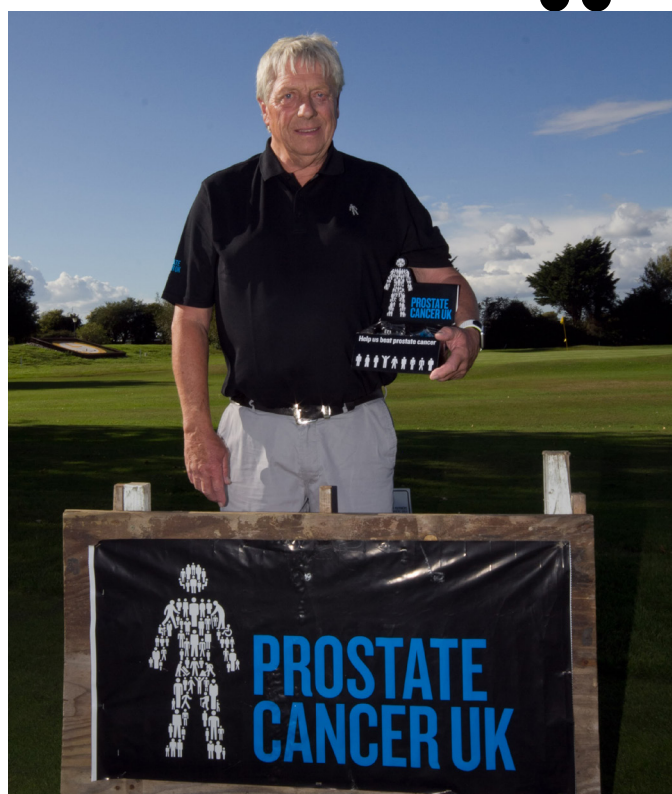
A prostate cancer scare and the diagnosis of a close friend inspired a Chichester captain to raise more than £10,000 for Prostate Cancer UK last year.

After being diagnosed with an enlarged prostate and seeing a fellow member go through prostate cancer, Kevin Fielder set about raising funds for the leading men's health charity during his years as veterans captain.

Through golf days, nearest to the pin competitions and weekly raffles, Kevin hit five figures of fundraising – but his biggest achievement was raising awareness of the disease, which affects one in eight men in the UK.

"I thoroughly enjoyed my year as captain," he said. "My hard work has been well rewarding and made many people much more aware of the disease than previously"

"It's been hard work as we didn't start playing until the end of March due to Covid-19. Our first two committee meetings were by video conference, which was definitely a first for us. My fundraising target was £5,000 as we lost three months at the beginning of the year, so to achieve over £10,000 is fantastic. I've got to thank all our members at Selsey Veterans section and all at the golf club for their support throughout this tough year."



Whinhill walkers march their way to record-breaking total

A Greenock golf club swapped their clubs for pairs of walking boots as they raised life-saving funds for Prostate Cancer UK in 2021.

26 members of the Whinhill Golf Club trekked almost 12 miles from the club to Largs in North Ayrshire in September, raising an impressive £4,002 – the biggest fundraising total since the charity walk's inception in 2007.

But the club's fundraising wasn't finished there – thanks to a club member's four-legged friend. Whinhill added £300 to their tally by selling second-hand golf balls, discovered by Cesar, the Irish Setter owned by past club champion, Jim O'Donnell.

Gary Havlin, one of the golfers behind the club's record-breaking fundraising, said: "The benefits of the sponsored walk for members and friends of the club is of a two-fold nature in the form of exercise and promoting a healthy lifestyle, whilst raising funds for good causes.

"Many of our members – both former and current members – and their families sadly have and continue to be affected by prostate cancer, so we're delighted to have raised this amount of money for such a great charity."



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Get in touch to find out more, visit prostatecanceruk.org/golf



**PROSTATE
CANCER UK**

RESOURCES FOR YOU

Support us

We can support you every step of the fairway! For a typical golf day we can provide you with: branded golf balls, tees, pencils, pin badges and a range of awareness literature, posters and banners. Clubs who use our branded materials raise significantly more awareness and funds.

We are happy to provide these materials for free to help you make the most of your day and reach as many golfers as you can. Register at

prostatecanceruk.org/golf



Speak to our Specialist Nurses

0800 074 8383*

prostatecanceruk.org/get-support/our-specialist-nurses

Whether you've been diagnosed or have concerns about prostate cancer or prostate problems, we're here to support you. We can also help partners, family members, friends, and health professionals with any questions you may have.

Call our Specialist Nurses from
Monday and Tuesday 9am-5pm
Wednesday 10am-5pm
Thursday and Friday 9am-5pm



Contact us

020 3310 7334 (London office)

golf@prostatecanceruk.org

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