

**We're here for you
and your patients**





Specialist Nurse services

We have an expert team of Specialist Nurses who provide information and support to anyone concerned about prostate cancer or prostate problems. As a health professional, you can also use our services.

Our Specialist Nurses provide up-to-date, evidence-based information, with the time you and your patients need to talk.

If you think your patients would benefit from our services, or if you have questions you'd like to run by another health professional — we're here.

Contacting our Specialist Nurses:

Call **0800 074 8383*** (Mon-Fri 9am-6pm, Wed 10am-8pm)

Live Chat online (Mon to Fri 9am-4pm, Wed 10am-8pm)

Text **NURSE** to **70004** to ask for a callback

Visit **prostatecanceruk.org/nurses**

Our telephone translation service can also connect your patients with our Specialist Nurses in over 200 languages. Patients should simply call **0800 074 8383*** and state, in English, the language they need.



Fatigue support service

Our Fatigue support service is an eight week telephone-based programme, where an allocated Specialist Nurse supports the man in better managing his tiredness through motivational interviewing techniques, and practical lifestyle changes.

For more information visit

prostatecanceruk.org/fatigue or call our Specialist Nurses on **0800 074 8383***



One-to-one support service

We have over 70 trained One-to-one support volunteers, who all have individual experiences of prostate cancer treatments and side effects. We also have volunteers with experience of supporting a man who has been diagnosed.

For more information visit

prostatecanceruk.org/one-to-one or call our Specialist Nurses on **0800 073 8383***



Online community

Our free online community is also a valuable source of support, where patients can talk about whatever's on their mind. Signpost your patients to community.prostatecanceruk.org if you think they would benefit.



Expert health information

Our award-winning health information is available to read, order or download on our website for free.

Updated regularly with input from clinical experts, they are a valuable resource for you and your patients.

To see our full range of publications and to place orders, visit prostatecanceruk.org/publications



Support groups

Support groups are a great way for patients to share experiences of living with prostate cancer.

There are over 100 support groups across the UK, and we can signpost men to their local groups. Visit prostatecanceruk.org/supportgroups to find out more.



Online guides

We also have five online 'How to manage' guides to help your patients with some of the side effects of treatment, including impact on sex and relationships, urinary problems and fatigue. Visit prostatecanceruk.org/guides to find out more.

Like you, we're here to make sure men with prostate cancer or prostate problems are given the best support. In this leaflet you'll find information on the services our Specialist Nurses offer to support you and your patients.



The Specialist Nurses are a huge support for me and my patients. We always turn to them as they have the expertise and time, even when others don't.


Kris, Cancer Nurse Specialist at
St. George's Hospital, London

PROFESSIONAL SUPPORT

For more information on how we can support you to support men, visit

prostatecanceruk.org/profs

Call 0800 074 8383*

 [prostatecanceruk](https://www.facebook.com/prostatecanceruk)

 [@ProstateUKProfs](https://twitter.com/ProstateUKProfs)

* Calls are recorded for training and monitoring purposes.
Confidentiality is maintained between callers and Prostate Cancer UK.
For our full confidentiality policy, please visit our website: prostatecanceruk.org



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