Thank you for volunteering to raise money and awareness of prostate cancer. You’re helping save men’s lives. You are pivotal to the event’s success.

What do I need?

Before the event:

- Talk with the Volunteer Engagement Team if you need any ideas or help with logistics.
- Plan your journey to and from the event.
- Order materials: leaflets, collection tins and buckets, stickers, tabards, t-shirts, wristbands, banners, balloons. Email us at supportercare@prostatecanceruk.org
- Make sure you know how your fundraising materials are getting to the event. Are you responsible for getting them there or will Prostate Cancer UK be arranging the delivery? If you’re not sure get in touch with the Volunteer Engagement Team.
- Check our Resources webpage and print anything that you’ll need on the day. Any questions, give us a call 020 3310 7000.
- Check with the Volunteer Engagement Team if you need any letters of authorisation or a copy of our Public Liability Insurance.

During the event:

- Put the Health and Safety checklist into action.
- Take breaks when needed, if it’s a long day.
- Hand supporters who want more information a pocket guide and direct them to our website and our Specialist Nurses.
- We’ve also included our risk infographic at the back of this document – it’s an easy way to remember the key risk factors if anyone asks you about them.

After the event:

- We might have asked you to count and bank the money. All information will be included in the brief. You can also refer to the Volunteer Banking Instructions.
- Let us know what you need. If you are banking the money ask us for your reference, coin bags and paying in slips.
Where is the money going?

All money you raise for Prostate Cancer UK goes towards:

- Awareness campaigns: award-winning communications that are changing perceptions and driving greater awareness, especially amongst those who are high-risk.
- Funding research into breakthrough projects that focus on the diagnosis, treatment and prevention of prostate cancer.
- Our award-winning specialist nurse service provides free support and information to men and their families, receiving 12,000 contacts each year.
- Specialist toolkits and guidance offering impartial and easy to understand information about the disease.

Thank you for supporting Prostate Cancer UK.

Geoff’s top tips for fundraising

Geoff is one of our most successful fundraisers, below are some of the secrets of his success.

- Always look happy and approachable.
- Make eye contact.
- Be friendly and joke with people giving a donation and always thank them.
- Say hello to people and tell them you are fundraising for Prostate Cancer UK.
- Try standing near places where people will be spending money e.g. food vans/stalls.

With your help, we’re raising money and awareness among thousands of men across the country.

If you have any questions, please email volunteer@prostatecanceruk.org or call your Volunteer Engagement Coordinator.
Are you at risk of prostate cancer?

1 in 8
In the UK, about 1 in 8 men will get prostate cancer at some point in their lives.

Prostate cancer is the most common cancer in men in the UK.

Over 50 years old
Prostate cancer mainly affects men over 50 and your risk increases with age. The average age for men to be diagnosed with prostate cancer is between 65 and 69 years.

Family history and genes

You are two and a half times more likely to get prostate cancer if your father or brother has been diagnosed with it, compared to a man with no family history of prostate cancer.

Your risk of getting prostate cancer is higher if your mother or sister has had breast cancer.

Ethnicity

Black men are more likely to get prostate cancer than other men. In the UK, about 1 in 4 black men will get prostate cancer at some point in their lives. If you’re black, you may be more likely to get prostate cancer if you’re aged 45 or over.

Speak to our Specialist Nurses
0800 074 8383*
prostatecanceruk.org

Call our Specialist Nurses from Monday to Friday 9am - 6pm, Wednesday 10am - 8pm
*Calls are recorded for training purposes only. Confidentiality is maintained between callers and Prostate Cancer UK.