Health and social care professionals programme
A short guide
The health and social care professionals programme, funded by our committed partners Royal Mail and The Movember Foundation, provides funding for nurses and allied health care professional roles to lead and implement local healthcare improvement projects relating to prostate cancer pathways.

Working with you, we are testing new pathways, and challenging existing support models to ensure that men affected by prostate cancer have access to the specialised care they need across primary and secondary care. It is our hope that the learnings from this project will help bring about lasting change and improvement across the prostate cancer care pathway.

We are currently in a very exciting period. With some roles approaching the end of their funding we’re starting to see some positive outcomes be reported, which can be used to help inform those projects just about to start.

This booklet describes what the projects set out to achieve. For an update on the completed projects, results and outcomes please visit prostatecanceruk.org/for-health-professionals/best-practice

This is just one way we’re supporting you to support men. You are a key part of Men United, our movement for everyone who cares about men’s health. If you have any questions or would like more information, please do contact us at healthroles@prostatecanceruk.org
Ipswich Hospital NHS Trust (Phase 4)

Nurse Specialist
A dedicated specialist Oncology Nurse will support men with prostate cancer, and their family/carers. They will provide men with holistic needs assessments (HNA) throughout their patient journey and implement a risk-stratified follow-up programme. Personalised care plans and treatment summaries will be developed to enable greater GP led follow-up of men with stable disease. This nurse will establish nurse-led clinics, using telephone and remote surveillance, as well as nurse-led clinics that are held parallel to the consultant clinics to streamline the current patient pathway. An oncology erectile dysfunction service will be created in association with the Radiotherapy Specialist, and a formal LUTS/Continence pathway will be established with the Urology and Community Continence teams.

Project theme: hormone; remote monitoring/support; holistic needs assessment; survivorship; new pathway

maggie.bingle@ipswich.nhs.uk
North West London Hospitals Trust (Phase 1)
Community Clinical Nurse Specialist

Transforming Cancer Services Team for London, South East CSU (Phase 1)
Clinical Nurse Specialist, GP with special interest

Royal Marsden NHS Foundation Trust (Phase 1)
Senior Physiotherapist, Clinical Nurse Specialist

UCL Partners / London Cancer and Barking Havering Redbridge Universities Trust (Phase 1)
Prostate Cancer Navigator

Barts Health NHS Trust and St Joseph’s Hospice (Phase 2)
Physiotherapist; Rehabilitation Assistant

Guy’s and St Thomas’ NHS Foundation Trust (Phase 2)
Clinical Nurse Specialist, GP with special interest

The Hillingdon Hospital Trust (Phase 2.5)
Clinical Nurse Specialist

Newham CCG (Phase 3)
Clinical Nurse Specialist
**North West London Hospitals Trust (Phase I)**

**Community Clinical Nurse Specialist**

Working with an established team of specialist nurses, the role will ensure that risk stratification and revision of follow up will become an embedded process. The project will also focus on the review of the information and support needs of patients at key stages of the cancer pathway with particular attention to end of treatment and rehabilitation after cancer.

Project theme: new pathway; risk stratification; survivorship

mary.cremin@nhs.net

**Transforming Cancer Services Team for London, South East CSU (Phase I)**

**Clinical Nurse Specialist, GP with special interest**

Working in partnership with primary care, this role will develop and test a holistic-needs based follow-up service for prostate cancer patients who are stable at two years after radical surgery and those who are undergoing ‘watchful waiting’. This new follow-up model will shift care from secondary to primary care and improve patient experience and outcomes by embedding the holistic needs assessment as part of the follow-up service. Training and development for primary care professionals within the prostate follow-up system will be provided.

Project theme: new pathway; GP engagement; health professional education

s.yaganti@nhs.net
Royal Marsden NHS Foundation Trust (Phase 1)
Senior Physiotherapist, Clinical Nurse Specialist
The project will develop and implement a survivorship pathway package for men following treatment for prostate cancer, a more robust initial phase of hospital based support and self-management advice will be introduced including pre-hab and post operative seminars and health and well being days and, with sign posting to expert community practitioners built later into this model.

Project theme: new pathway; pelvic dysfunction; physiotherapy

nicola.holloway@rmh.nhs.uk

UCL Partners / London Cancer and Barking Havering Redbridge Universities Trust (Phase 1)
Prostate Cancer Navigator
A primary care based Prostate Cancer Navigator will act as a key support system for patients and their family/carers from the point of diagnosis. The navigator will be a conduit and mainstay between the patient, GP, specialist centre, local hospital, and community social services and will have a central role in developing a prostate cancer community practice for patients.

Project theme: new pathway; survivorship; health professional engagement

lucy.brooks@bhrhospitals.nhs.uk
**Barts Health NHS Trust and St Joseph’s Hospice (Phase 2)**

**Physiotherapist; Rehabilitation Assistant**
A comprehensive, integrated rehabilitation service which is tailored to meet the needs of prostate patients throughout the disease pathway will be developed. This will include providing access to information and raising awareness of services available; optimising patients physical functioning and addressing specific problems such as continence, erectile dysfunction and fatigue; and providing holistic palliative support for patients and carers.

Project theme: new/improved service; patient education; physiotherapy, pelvic dysfunction; African Caribbean

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**Guy’s and St Thomas’ NHS Foundation Trust (Phase 2)**

**Clinical Nurse Specialist, GP with special interest**
A shared-care survivorship model will be established to improve the follow-up pathway for patients and ensure a smooth and safe transition of care from primary to secondary care. Patients will be offered tailored support and tools to manage their condition after cancer to lead as healthy a life as possible. Pre-treatment and post treatment seminars (information days) will be implemented to provide patients with information as well as peer support.

Project theme: pathway redesign; survivorship; patient education

paula.allchorne@gstt.nhs.uk
**The Hillingdon Hospital Trust (Phase 2.5)**

**Clinical Nurse Specialist**

This role will manage the transition of patients onto the new remote monitoring system ensuring that it is clinically robust and staff are trained in its use. The role will also coordinate health and well being days for patients and facilitate meetings with health professionals to improve the services and support men receive on survivorship issues such as erectile dysfunction and incontinence.

Project theme: remote monitoring/support; survivorship; patient and health professional education

mariam.nasseri@thh.nhs.uk

**Newham CCG (Phase 3)**

**Clinical Nurse Specialist**

A Clinical Nurse Specialist will monitor patients’ health regularly and provide them and their families with ongoing support around decision making, self care, social, emotional and economic wellbeing and sign post them to other services available. The service will be available to all men, but will target African Caribbean men.

The service also will support Primary care clinicians in the management of patients to ensure patients have access to information, education and support earlier on in their diagnosis. This will also improve their understanding of how prostate cancer is diagnosed and will improve waiting times before investigations, diagnosis and treatment.

Project theme: self-management; patient education; African Caribbean

katherine.mutsvangwa@newhamccg.nhs.uk
Northumbria NHS Foundation Trust (Phase 3)
Clinical Nurse Specialist

The Newcastle upon Tyne Hospitals Groups (Phase 3)
Clinical Nurse Specialist

South Tees Hospitals NHS Trust (Phase 3)
Specialist Nurse

City Hospitals Sunderland (Phase 3)
Clinical Nurse Specialists
Northumbria NHS Foundation Trust (Phase 3)
Clinical Nurse Specialist
A new service will be developed that will improve the integration of treatment between primary and secondary care and ensure men in rural and remote areas of Northumbria receive equitable access to service provision. This will be achieved by providing education and support to GPs and other healthcare professionals who care for men with prostate cancer in remote areas, and creating health and wellbeing clinics which can be easily accessed by all communities.

Project theme: pathway redesign; rural and remote; health professional education

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The Newcastle upon Tyne Hospitals Groups (Phase 3)
Clinical Nurse Specialist
A survivorship programme will be developed to improve education to men and their families about the potential consequences of whichever treatment pathway they follow. Men enrolled in the programme will be introduced to the concept of remote monitoring and supported self-management, both of which will be piloted and evaluated.

Project theme: remote monitoring/support; patient education; self-management

jill.ferguson3@nuth.nhs.uk
**South Tees Hospitals NHS Trust (Phase 3)**

**Specialist Nurse**
Together with the Urology team, this role will improve and streamline current pathways and services. This will include the creation and inclusion of new survivorship initiatives, such as health and wellbeing clinics in primary care settings, into the standard follow-up pathway for prostate cancer patients.

Project theme: pathway redesign; survivorship

[lynne.kershaw@stees.nhs.uk](mailto:lynne.kershaw@stees.nhs.uk)

**City Hospitals Sunderland (Phase 3)**

**Clinical Nurse Specialists**
Two Clinical Nurse Specialists will improve the integration of treatment between primary and secondary care by ensuring a holistic needs assessment is undertaken of all patients diagnosed with prostate cancer. This holistic needs assessment will be used as a communication tool by all members of the multi-disciplinary team (MDT) including the patient’s GP, community and social care teams. Patient support groups and survivorship workshops will be established to help men lead as healthy and active a life as possible.

Project theme: new pathway; holistic needs assessment; health professional engagement

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Belfast Health and Social Care Trust (Phase 3)

Physiotherapist

A new pathway of care for men with a prostate cancer diagnosis that identifies and addresses incontinence and erectile dysfunction will be tested. The three-part pathway will include: pre-op/radiotherapy surveillance, patient education, and intensive therapy treatment. This will include development of physical assessments and risk stratification criteria to address care levels.

Project theme: new pathway; physiotherapy; survivorship; pelvic dysfunction

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Queen’s University Belfast (Phase 4)

Clinical Nurse Specialist

The CNS will provide advanced holistic needs assessment at key points in pathway, with a particular emphasis on continence and erectile dysfunction. Prostate cancer survivorship work developed through Transforming Cancer Follow-up will be expanded by improving integration with primary care. The nurse will also support the introduction of the PSA tracking system and help define the tracking role functions required for effective service delivery. The nurse will meet with primary care staff to identify the communication challenges with secondary care and establish new strategies to improve links between primary and secondary care. They will also provide education to primary care health professionals based on their identified needs.

Project theme: holistic needs assessment; health professional education; pathway redesign

karen.parsons@belfasttrust.hscni.net
The Christie Foundation (Phase 1)
Clinical Nurse Specialist

Wirral CCG and Wirral Community Trust (Phase 2)
Clinical Nurse Specialists

The Christie Foundation (Phase 2)
Lead Prostate Review Radiographer

The Pennine Acute Hospital NHS Trust (Phase 2.5)
Clinical Nurse Specialist

Clatterbridge Cancer Centre NHS Foundation Trust (Phase 3)
Prostate Cancer Improvement Facilitator, Prostate Cancer Assistant Improvement Facilitator
**The Christie Foundation (Phase 1)**

**Clinical Nurse Specialist**

Working across primary and secondary care, this post will undertake remote patient follow-up, deliver personal development training for health professionals and act as a professional liaison for patient care. The post will provide patient follow-up face to face and closer to home with general practice support.

Project theme: remote monitoring/support; health professional education; GP engagement

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**Wirral CCG and Wirral Community Trust (Phase 2)**

**Clinical Nurse Specialists**

Two Clinical Nurse Specialists will work with individual GP practices to support the delivery of the survivorship programme that includes structured holistic needs assessment and care planning, patient education and support clinics, and provides patients with advice and access to support schemes. These posts will facilitate risk stratification and encourage self-management. GP education and training on early diagnosis and supporting prostate cancer patients will also be a priority of the role.

Project theme: new/improved service; self-management; GP engagement; holistic needs assessment

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**The Christie Foundation (Phase 2)**

**Lead Prostate Review Radiographer**

Explore the most efficient, patient centred, informative model of care to manage the acute side effects of radiotherapy occurring during radical prostate treatment. This preferred model of care will then be rolled out across the Christie site.

Project theme: pathway redesign; radiotherapy

*hannah.nightingale@christie.nhs.uk*
The Pennine Acute Hospital NHS Trust (Phase 2.5)
Clinical Nurse Specialist
Primary and secondary care stakeholders will be engaged to develop a support package for men who have stable prostate cancers and are monitored remotely through PSA surveillance by the hospital. This is to reduce reliance on the key support worker and promote self-management.

Project theme: new/improved service; remote monitoring/support; self-management

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Clatterbridge Cancer Centre NHS Foundation Trust (Phase 3)
Prostate Cancer Improvement Facilitator,
Prostate Cancer Assistant Improvement Facilitator
An effective, standardised service supporting men who have incontinence after radical prostatectomy will be established throughout the entire Network. This will involve creation of an integrated referral pathway for men with incontinence post radical prostatectomy, provision of an ongoing supply of pads and regular assessment until symptoms improve, and referral back to specialist centres if there are unexpected problems or complications.

Project theme: new/improved service; health professional engagement; survivorship; pelvic dysfunction

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UCAN/ NHS Grampian (Phase 1)
Registered Nurse

NHS Lothian (Phase 2)
Clinical Nurse Specialist, Physiotherapist

NHS Fife (Phase 2)
Prostate Cancer Nurse

NHS Tayside (Phase 2.5)
Clinical Nurse Specialist

NHS Fife (Phase 3)
Urology Prostate Cancer Nurse

NHS Western Isles (Phase 4)
Clinical Nurse Specialist
UCAN/ NHS Grampian (Phase 1)
Registered Nurse
This role will focus on improving the quality of care, information and support for prostate cancer patients within the north-east of Scotland, including those in remote and rural areas. This will involve undertaking a holistic needs assessment of care and provision of support to patients diagnosed with prostate cancer. Delivery of health professional training packages that focus on increasing skills, confidence and knowledge regarding prostate disease.

Project theme: survivorship; rural and remote; health professional education; holistic needs assessment

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NHS Tayside (Phase 2.5)
Clinical Nurse Specialist
Establish a new evidence based pathway that focuses on self management and provides patients with quick and effective access to specialist service when required. This service will support patients and carers living with advanced prostate cancer and those managing the long term affects of radical treatment for localised prostate cancer.

Project theme: pathway redesign; self-management; survivorship

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NHS Fife (Phase 2)
Prostate Cancer Nurse
A shared care model of prostate cancer follow up in Fife. The post holder will act as a single point of access for all patients seen in the uro-oncology clinic. They will complete a holistic needs assessment of each patient and provide remote support to patients at time of diagnosis and decision making.

Project theme: pathway redesign; remote monitoring/support; holistic needs assessment

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NHS Fife (Phase 3)
Urology Prostate Cancer Nurse
The Clinical Nurse Specialist will be the first point of contact for patients at the time of TRUS biopsy at NHS Fife’s urology clinic and will support them through their cancer pathway within secondary care. Patients will be risk-stratified to identify those suitable for shared care. Holistic needs assessments will be undertaken and information and support that promotes self-management will be provided.

Project theme: pathway redesign; risk stratification; self-management

steve.leung@nhs.net

NHS Lothian (Phase 2)
Clinical Nurse Specialist, Physiotherapist
The Clinical Nurse Specialist will support remote monitoring of men diagnosed with low risk prostate cancer and who are under active surveillance. This will include long term follow up and person centred care in face to face sessions with men and their families. The Physiotherapist role will deliver pre and post operative clinics to provide men with support and guidance on erectile dysfunction and incontinence.

Project theme: new pathway; remote monitoring/support; physiotherapy; pelvic dysfunction

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karen.e.edwards@nhslothian.scot.nhs.uk (Physiotherapist)

NHS Western Isles (Phase 4)
Clinical Nurse Specialist
A CNS will facilitate access to specialist cancer advice and support for patients with prostate cancer at all stages in their post-diagnostic treatment journey. The CNS will enhance links between primary and secondary care locally, and the mainland specialist hospital services, to synchronise the patient pathway. They will also provide training and education for primary care practitioners, including GPs, and local hospital services.

Project theme: rural and remote; survivorship; health professional education

mhall10@nhs.net
St Michael’s Hospice (Phase 1)
Physiotherapist, Occupational Therapist, Clinical Psychologist, Clinical Nurse Specialist

Western Sussex Hospital Trust (Phase 1)
Clinical Nurse Specialist

The Hospice of St Francis (Phase 2)
Prostate Cancer Facilitator (RN), Prostate Cancer Communications Educator

Brighton and Sussex University Hospital NHS Trust (Phase 2)
Cancer Support Worker

The Royal Surrey Foundation Trust (Phase 2.5)
Clinical Nurse Specialist

Western Sussex Hospital Trust (Phase 3)
Clinical Nurse Specialist
**St Michael’s Hospice (Phase I)**  
Physiotherapist, Occupational Therapist, Clinical Psychologist, Clinical Nurse Specialist  
A rehabilitation programme to gain maximum physical and psychological functionality will be established. This includes delivery of survivorship related information sessions, a fitness programme and peer support to patients and their partners.

Project theme: new/improved service; survivorship; self-management; patient education

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**Western Sussex Hospital Trust (Phase I)**  
Clinical Nurse Specialist  
This role will establish a register of all patients commencing hormone therapy; develop an improved pathway of care; and increase support and advice for prostate patients who are undertaking hormone therapy. This will include assisting in a gap analysis for patients with prostate cancer on hormone therapy and ensuring there are clear standards on information and key contacts.

Project theme: pathway redesign; remote monitoring/support; hormone

clare.dikken@wsht.nhs.uk

**The Hospice of St Francis (Phase 2)**  
Prostate Cancer Facilitator (RN), Prostate Cancer Communications Educator  
A new communications skills programme will be designed to maximise a patient’s ability to discuss issues of continence, relationships, sex, body image, changing role and future care. The posts will also signpost men to appropriate services, provide a tailored programme for each man/couple and establish appropriate peer to peer support groups in the community.

Project theme: new/improved service; patient education

tina.smith@stfrancis.org.uk
Brighton and Sussex University Hospital
NHS Trust (Phase 2)

Cancer Support Worker
A cancer support worker will coordinate and facilitate community based cancer follow up. They will also focus on improving quality of life for treated patients by remotely co-ordinating access to sexual dysfunction clinics and the existing radiotherapy pelvic toxicity programme.

Project theme: new/improved service; remote monitoring/support; radiotherapy; pelvic dysfunction

dcgilbert@doctors.org.uk

The Royal Surrey Foundation Trust (Phase 2.5)

Clinical Nurse Specialist
Community clinics that assess patients, help men manage symptoms and support men in PSA decision making. The role will deliver a seamless referral process into secondary care for further tests and investigations when required and provide follow-up for men. Community based follow-up clinics will also be established for men with stable prostate cancer.

Project theme: new/improved service; self-management; patient education

wendy.mcphee@nhs.net

Western Sussex Hospital Trust (Phase 3)

Clinical Nurse Specialist
The role will focus on embedding the new primary care pathway for men with prostate cancer on hormone therapy. The focus will be to set up education and training for GPs, practice nurses and community nurses to improve knowledge and understanding of prostate cancer, treatment, symptom control and support for this cohort of patients. The project will help to ensure clear communication between primary and secondary care and there is a standard pathway of care across the region.

Project theme: GP engagement; hormone; health professional education

jane.woodhull@wsht.nhs.uk
Royal United Hospital Bath (Phase 1)
Clinical Nurse Specialist

North Bristol NHS Trust (Phase 2)
Prostate Cancer Survivorship Lead; Prostate Cancer Assistant Psychologist

University Hospital Southampton NHS Foundation Trust (Phase 2)
Clinical Nurse Specialist, Support Worker

Great Western Hospital Foundation Trust (Phase 3)
Prostate Cancer Facilitator (RN), Prostate Cancer Communications Educator

Gloucestershire CCG (Phase 4)
Community Clinical Nurse Specialist
Royal United Hospital Bath (Phase I)
Clinical Nurse Specialist
The service will involve the development of initiatives to implement and embed remote follow services for suitable patients. The project will also set up a nurse led clinic to provide follow up support for all patients who receive radical radiotherapy and a telephone check in clinic for men undergoing surgery or brachytherapy. The services will ensure men can access advice and support in a timely manner which is appropriate to their stage in the patient journey.

Project theme: new/improved service; survivorship; self-management; health professional education; radiotherapy

ehancock@nhs.net

North Bristol NHS Trust (Phase 2)
Prostate Cancer Survivorship Lead;
Prostate Cancer Assistant Psychologist
A stratified care pathway that includes self management and shared care programmes will be established. This care pathway will allow for the delivery of complex care where needed and rapid re-access to the system if required. The posts will also deliver training workshops that promote improvements and consistency amongst health professionals across the care pathway. Training for patient volunteer tutors who co-deliver self management ‘Living Well’ courses will also be provided.

Project theme: new pathway; self-management; health professional education

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University Hospital Southampton NHS Foundation Trust (Phase 2)
Clinical Nurse Specialist, Support Worker
These roles will establish a supported self-managed pathway (including PSA monitoring) based on risk stratification for men with prostate cancer who have completed primary treatment at UHS. This will include redesigning the prostate cancer aftercare pathway, creation of robust systems and processes for remote surveillance, and patient education.
Project theme: new pathway; self-management; remote monitoring/support

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**Great Western Hospital Foundation Trust (Phase 3)**

**Uro-oncology nurse specialist**

Nurse led clinics will be established to implement an electronic holistic needs assessment (E-HNA) to ensure men receive ongoing appropriate, expert advice and support from allied health professionals. Survivorship themes will be focussed on through health and wellbeing days, a new erectile dysfunction clinic, and an end of treatment clinic that will allow men to discuss concerns and be signposted to relevant initiatives, support groups and GP/community services.

Project theme: new/improved service; survivorship; self-management; holistic needs assessment

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**Gloucestershire CCG (Phase 4)**

**Community Clinical Nurse Specialist**

The CNS will support men with prostate cancer who have had a holistic needs assessment (HNA) and been risk stratified as having needs that require on-going support. The CNS will help to facilitate shared care between acute and primary/community care and between the professional and person affected by cancer. The service will be tailored to the individual needs of prostate cancer patients but will include community based rehabilitation, fatigue management, confidence building and managed referrals for more significant issues. The service will also offer group support including a rolling programme of health and wellbeing events and bite-size education sessions covering a range of survivorship themes relating to prostate cancer.

Project theme: holistic needs assessment; survivorship; new/improved service

siobhan.aris@glos-care.nhs.uk
Betsi Cadwaladr University Health Board – BCUHB (Phase 2.5)
Clinical Nurse Specialist
Develop and improve the clinical care pathway to ensure men are supported throughout diagnosis, treatment and survivorship pathways. This will include supporting holistic rehabilitation, health and well being following treatment, management of long term complications and reducing morbidity. This support may be related to sexual function, continence and/or psycho-social issues.

Project theme: pathway redesign; survivorship; self-management

lara.davies@wales.nhs.uk

Velindre Cancer Centre (Phase 3)
Clinical Nurse Specialist
Review and develop risk stratified follow-up pathways for prostate patients at Velindre Cancer Centre. These models will be standardised, evidence based and address the holistic and long term needs of patients by ensuring patients receive the appropriate support and information to allow them to live well with and beyond their cancer. This will include identifying patient groups for remote follow-up and creation of individualised care plans for every patient.

Project theme: pathway redesign; risk-stratification; remote monitoring/support

sian.dobbins@wales.nhs.uk
Peterborough and Stamford Hospitals NHS Foundation Trust (Phase 3)
Community Prostate Cancer Nurse

Northamptonshire Healthcare NHS Foundation Trust (Phase 2)
Clinical Nurse Specialist

John Taylor Hospice (Phase 3)
Clinical Nurse Specialist

Leeds Teaching Hospital NHS Trust (Phase 1)
Clinical Nurse Specialist

Dudley Group NHS Foundation Trust (Phase 4)
Clinical Nurse Specialist
Peterborough and Stamford Hospitals NHS Foundation Trust (Phase 3)  
Community Prostate Cancer Nurse  
Development of a new community care pathway for hormone refractory prostate cancer patients. It will test a holistic approach to support and a personalised model of care for men and their families. This new model will be assessed to determine if it results in better quality service for men, and if it is more cost effective.

Project theme: new pathway; survivorship; hormone

claire.martin@pbh-tr.nhs.uk

Northamptonshire Healthcare NHS Foundation Trust (Phase 2)  
Clinical Nurse Specialist  
The post holder will act as a direct link between secondary and primary care for prostate cancer patients identified as being in the last year of life. They will work with the multi-disciplinary team to review pathways and ensure better integration between services. The role will support prostate cancer patients with complex symptom control needs as well as providing psychological and practical support. The role will also ensure prompt referral to other services within specialist palliative care such as Lymphoedema, Therapy, Day care, Hospice care and Hospice at Home Care. In addition, the role will support hospice staff in understanding specific care needs of men with prostate cancer.

Project theme: survivorship; patient education; health professional engagement

lucy.baker@nhft.nhs.uk  
Co-funded by Prostaid

John Taylor Hospice (Phase 3)  
Clinical Nurse Specialist  
The role will work with local primary and secondary care services to ensure better integration and support with men with prostate cancer. The service will be available to all men, but will target African Caribbean men. It will also develop a survivorship programme for men and their families.

Project theme: survivorship, African Caribbean

r.wheelwright@nhs.net
Leeds Teaching Hospital NHS Trust (Phase 1)
Clinical Nurse Specialist
To develop, introduce and evaluate novel clinical services for men with prostate cancer. Standardised risk stratification pathways will be established across the Trust, and a virtual prostate cancer clinic for men will be developed, implemented and evaluated.

Project theme: new/improved service; risk stratification; remote monitoring/support

paula.bavill@nhs.net

Dudley Group NHS Foundation Trust (Phase 4)
Clinical Nurse Specialist
The community CNS will co-ordinate an integrated service for prostate cancer patients by developing effective partnerships between primary and secondary care. A register of patients for community follow up will be kept by the community CNS/multi-disciplinary team and personalised care plans will be developed after a holistic needs assessment (HNA). Patients will be encouraged to be more involved in their care process through survivorship programmes, health and well-being clinics and personalised exercise programmes through Action Heart. The Community Nurse will deliver educational talks to GPs and Practice Nurses on a regular basis.

Project theme: holistic needs assessments; survivorship; health professional education; pathway redesign

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Professional support

**Education**
From webinars to study days, e-learning or even an MSc in Prostate Cancer Care, our education programme is designed to support your CPD and CME objectives. Many of these activities are developed in partnership with leading institutions and organisations, such as the British Association of Urological Nurses, BMJ Learning and Sheffield Hallam University.

Whether you’re a GP, urologist, therapeutic radiographer or nurse specialist, we can help you meet your educational and professional development needs.

“**This course enabled me to develop my knowledge, skills and understanding of prostate cancer and further develop my services for men in my care.**
Patricia McClurey undertook an MSc in Prostate Cancer Care

**Our programme includes:**
- study days across the UK
- the opportunity to work towards an MSc in Prostate Cancer Care (fully funded)
- a range of free e-learning courses via our Online Learning Platform
- a webinars programme
- bursaries available to support your attendance at educational conferences and events.

Looking for continued professional development? Carrying out research? Running a project to improve services in prostate cancer? We can help. We fund opportunities in the UK to:
- improve and integrate prostate cancer pathways
- support professionals undertaking prostate disease focused education
- identify scientific and medical research into tests, treatment and causes of prostate cancer.
Our information
We offer a range of free resources and complementary support for you and your patients. We have over 45 publications covering all aspects of prostate health, from testing to diagnosis. Or you could order our Tool Kit, tailored to meet the needs of the individual patient, and Surgery support packs, helping men prepare for surgery and cope with any side effects. Our materials are reviewed by health professionals before being published and meet the Information Standard.

You and your patients can access all of these services directly and at no cost.

Our Specialist Nurses
Our Specialist Nurses are complementary to the fantastic work you do; they are an extra resource for your patients. They are available via telephone, email and live chat online to respond to any queries or concerns from men, and their loved ones, about prostate disease. Many health professionals find our Specialist Nurses an easy source of expertise.

All of our Specialist Nurses have worked in the NHS in primary, secondary or community care settings. They have specialist knowledge in prostate disease combined with a range of other expertise such as sexual health, mental health and research.

Specialist services
Our team also offers more specialist services, such as one-to-one support, which enables patients to speak to someone who’s had a similar personal experience, and Fatigue Support – a ten week telephone service helping men manage their fatigue.

You and your patients can contact the team in confidence on 0800 074 8383.
Glossary

Funded organisations by project theme

**African Caribbean**
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John Taylor Hospice 38

**GP engagement**
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The Christie Foundation (Phase 1) 20
Wirral CCG and Wirral Community Trust 20
Western Sussex Hospital Trust (Phase 3) 29

**Holistic needs assessment**
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City Hospitals Sunderland 15
Queen’s University Belfast 17
Wirral CCG and Wirral Community Trust 20
UCAN / NHS Grampian 24
NHS Fife (Phase 2) 24
Great Western Hospital Foundation Trust 33
Gloucestershire CCG 33
Dudley Group NHS Foundation Trust 39

**Hormone**
Ipswich Hospital NHS Trust 5
Western Sussex Hospital Trust (Phase 1) 28
Western Sussex Hospital Trust (Phase 3) 29
Peterborough and Stamford Hospitals NHS Foundation Trust 38

**Health professional education**
South East Commissioning Support Unit 8
UCL Partners / London Cancer and Barking Havering Redbridge Universities Trust 9
The Hillingdon Hospital Trust 11
Northumbria NHS Foundation Trust 14
Queen’s University Belfast 17
The Christie Foundation (Phase 1) 20
UCAN / NHS Grampian 24
NHS Western Isles 25
Western Sussex Hospital Trust (Phase 3) 29
Royal United Hospital Bath 32
North Bristol NHS Trust 32
Dudley Group NHS Foundation Trust 39

Health professional engagement
City Hospitals Sunderland 15
Clatterbridge Cancer Centre NHS Foundation Trust 21
Northamptonshire Healthcare NHS Foundation Trust 38

New/improved service
Barts Health NHS Trust and St Joseph’s Hospice 10
Wirral CCG and Wirral Community Trust 20
The Pennine Acute Hospital NHS Trust 21
Clatterbridge Cancer Centre NHS Foundation Trust 21
The Hospice of St Francis 28
St Michael’s Hospice 28
Brighton and Sussex University Hospital NHS Trust 29
The Royal Surrey Foundation Trust 29
Royal United Hospital Bath 32
Great Western Hospital Foundation Trust 33
Gloucestershire CCG 33
Leeds Teaching Hospital NHS Trust 39

New pathway
Ipswich Hospital NHS Trust 5
North West London Hospitals Trust 8
South East Commissioning Support Unit 8
Royal Marsden NHS Foundation Trust 9
UCL Partners / London Cancer and Barking Havering Redbridge Universities Trust 9
City Hospitals Sunderland 15
Belfast Health and Social Care Trust 17
NHS Lothian 25
North Bristol NHS Trust 32
University Hospital Southampton NHS Foundation Trust 32
Peterborough and Stamford Hospitals NHS Foundation Trust 38

Pathway redesign
Guy’s and St Thomas’ NHS Foundation Trust 10
Northumbria NHS Foundation Trust 14
South Tees Hospitals NHS Trust 15
Queen’s University Belfast 17
The Christie Foundation (Phase 2) 20
Clatterbridge Cancer Centre NHS Foundation Trust 21
NHS Tayside 24
NHS Fife (Phase 2) 24
NHS Fife (Phase 3) 25
Western Sussex Hospital Trust (Phase 1) 28
BCUHB 35
Velindre Cancer Centre 35
Dudley Group NHS Foundation Trust 39

Patient education
Barts Health NHS Trust and St Joseph’s Hospice 10
Guy’s and St Thomas’ NHS Foundation Trust 10
The Hillingdon Hospital Trust 11
Newham CCG 11
The Newcastle upon Tyne Hospitals Groups 14
St Michael’s Hospice 28
The Hospice of St Francis 28
The Royal Surrey Foundation Trust 29
Northamptonshire Healthcare NHS Foundation Trust 38
Pelvic dysfunction
Royal Marsden NHS Foundation Trust 9
Barts Health NHS Trust and St Joseph’s Hospice 10
Belfast Health and Social Care Trust 17
Clatterbridge Cancer Centre NHS Foundation Trust 21
NHS Lothian 25
Brighton and Sussex University Hospital NHS Trust 29

Physiotherapy
Royal Marsden NHS Foundation Trust 9
Barts Health NHS Trust and St Joseph’s Hospice 10
Belfast Health and Social Care Trust 17
NHS Lothian 25

Radiotherapy
The Christie Foundation (Phase 2) 20
Brighton and Sussex University Hospital NHS Trust 29
Royal United Hospital Bath 32

Remote monitoring/support
Ipswich Hospital NHS Trust 5
The Hillingdon Hospital Trust 11
The Newcastle upon Tyne Hospitals Groups 14
The Christie Foundation (Phase 1) 20
The Pennine Acute Hospital NHS Trust 21
NHS Fife (Phase 2) 24
NHS Lothian 25
Western Sussex Hospital Trust (Phase 1) 28
Brighton and Sussex University Hospital NHS Trust 29
Western Sussex Hospital Trust (Phase 3) 29
University Hospital Southampton NHS Foundation Trust 32
Velindre Cancer Centre 35
Leeds Teaching Hospital NHS Trust 39
Risk stratification
North West London Hospitals Trust 8
NHS Fife (Phase 3) 25
Velindre Cancer Centre 35
Leeds Teaching Hospital NHS Trust 39

Rural and remote
Northumbria NHS Foundation Trust 14
UCAN / NHS Grampian 24
NHS Western Isles 25

Self-management
Newham CCG 11
The Newcastle upon Tyne Hospitals Groups 14
Wirral CCG and Wirral Community Trust 20
The Pennine Acute Hospital NHS Trust 21
NHS Tayside 24
NHS Fife (Phase 3) 25
St Michael’s Hospice 28
The Royal Surrey Foundation Trust 29
Royal United Hospital Bath 32
North Bristol NHS Trust 32
University Hospital Southampton NHS Foundation Trust 32
Great Western Hospital Foundation Trust 33
BCUHB 35
John Taylor Hospice 38
Survivorship
Ipswich Hospital NHS Trust 5
North West London Hospitals Trust 8
UCL Partners / London Cancer and Barking Havering Redbridge Universities Trust 9
Guy’s and St Thomas’ NHS Foundation Trust 10
The Hillingdon Hospital Trust 11
South Tees Hospitals NHS Trust 15
Belfast Health and Social Care Trust 17
Clatterbridge Cancer Centre NHS Foundation Trust 21
NHS Tayside 24
UCAN / NHS Grampian 24
NHS Western Isles 25
St Michael’s Hospice 28
Royal United Hospital Bath 32
Great Western Hospital Foundation Trust 33
Gloucestershire CCG 33
BCUHB 35
Peterborough and Stamford Hospitals NHS Foundation Trust 38
Northamptonshire Healthcare NHS Foundation Trust 38
Dudley Group NHS Foundation Trust 39
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