

# THE 18<sup>TH</sup>

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- The Big Golf Race: how the golf community has raised over £1 million this year
- Find out how golfers across the UK are supporting Prostate Cancer UK
- Join us at your club and help beat prostate cancer

## THE INTERVIEW Sir Nick Faldo



**PROSTATE  
CANCER UK**



# GET KITTED OUT ON THE COURSE



## NEW IN STORE:

Glenmuir polos, golf caps, golf towels, and a 'Man of Men' driver cover.

Head to [shop.prostatecanceruk.org/golf](https://shop.prostatecanceruk.org/golf) to get yours now.



**THE PERFECT WAY TO FINISH THE 2023 SEASON IN STYLE.**

## Take Prostate Cancer UK's 30-second online risk checker

One in eight men in the UK will be diagnosed with prostate cancer. Catching prostate cancer early saves lives, but early prostate cancer often has no symptoms.

That's why it's vital that men know their risk — and you can find out yours in 30 seconds by using Prostate Cancer UK's online risk checker.

Search 'check my risk now' or visit [prostatecanceruk.org/golf-risk](https://prostatecanceruk.org/golf-risk)



# THE INTERVIEW SIR NICK FALDO



**With a golfing CV that boasts six major victories, 11 consecutive Ryder Cup appearances and nine PGA Tour successes, Sir Nick Faldo is Britain's most decorated player.**

From his first of three Masters victories in 1989 to a staggering 98-week stint at the top of the World Golf Rankings, the 66-year-old has built a golfing legacy that will be difficult to rival.

This year, Faldo was announced as the host of the Betfred British Masters; a tournament that has been partnered with Prostate Cancer UK since 2021 and has raised awareness of the most common cancer in men among golf fans across the country.

We spoke to him on the eve of this summer's tournament, which, thanks to tournament sponsors Betfred and the generosity of the thousands of golf fans who flocked to the Belfry, raised an incredible £110,000.

"In the golf community and in golf clubs, one in eight men will get prostate cancer," Faldo said.

"There's an awful lot of guys at the bar, and sadly there's a couple of men that will get diagnosed. I went to my GP and got myself checked out a month ago. At my age, it's something that can happen, but it's simple to get ahead of it."

"I know a couple of guys who have gone through prostate cancer - both close scares and having operations and treatment. When you've been around the golfing world and around the TV compound, there are plenty that have been affected over the years."

Sir Nick also hailed the impact of Prostate Cancer UK in shining a spotlight on the disease at golf clubs throughout the UK - and the 66-year-old is urging men to know their risk of the disease.

He said: "Prostate Cancer UK's work is making a big difference to highlight the risk this disease poses in the golf community, and golf fans have shown their support for the charity brilliantly."

"Betfred has done a great job raising awareness and financially supporting Prostate Cancer UK, but it's really down to the individual. You've got to be aware and know your risk - it's as simple as that."

And while Faldo conquered the highest-stakes tournaments in a career spanning five decades, he admitted that there's one challenge that he'd struggle to beat - Prostate Cancer UK's Big Golf Race.

"72 holes in a day?! I couldn't do that, but good luck if you can!" he said.

"If you get plenty of light and a beautiful day, then I'm sure it'll be something that you remember for the rest of your life."



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Sir Nick Faldo



## Marathon man Duncan bags a 50th birthday year to remember



A 50th birthday is a big milestone. And while most like to mark the occasion with a party or cake, a former professional golfer from Somerset decided to take on something a little more challenging.

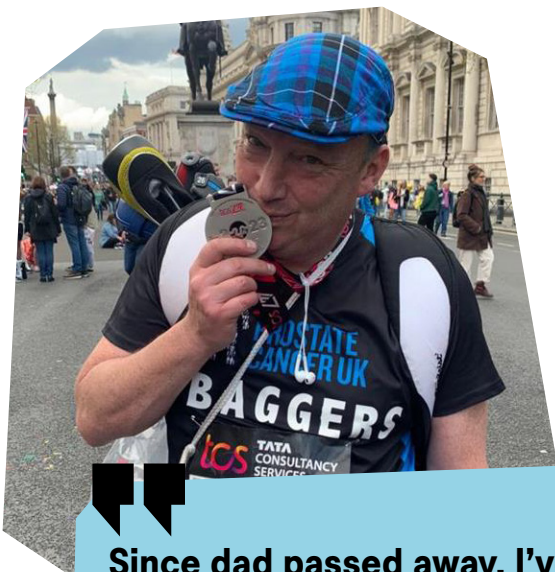
Duncan Bagshaw, from Yeovil, completed the iconic London Marathon this Spring, raising over £1,400 in the process. The 50-year-old crossed the line in the capital with a respectable time of just over six hours - made all-the-more impressive given the fact he ran the course carrying his trusty golf clubs on his back (pictured).

Duncan was inspired to begin his fundraising drive for Prostate Cancer UK after losing his dad, Dick, to the disease, in 2006. He was 71.

"It's 20 years since my father was diagnosed with prostate cancer," he said. At 67 he was a very fit man, walking five miles most mornings and playing golf three times a week."

"When he was diagnosed, everyone said 'oh, don't worry, you'll die with prostate cancer, rather than of it.'" "The problem was, and still is, that the disease has many different forms and unfortunately dad had an aggressive form of it."

"This disease destroys lives and futures and prevents happy memories. Since dad passed away, I've seen other friends of his go the same way and now I'm of the generation at risk."



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## Andrew and clubmates conquer Big Golf Race for Billy



The loss of a clubmate to prostate cancer inspired an Inverness golfer and his club to embark on an epic fundraising mission for Prostate Cancer UK.

Andrew Stokes, of King's Golf Club, rallied his fellow members to take on the Big Golf Race last summer after close friend and golfer, Billy Andrew, was diagnosed with the disease.

"Eight of us set out, starting at 4am," he said. "Billy's son, Bill, was one of the group and Billy was in regular contact throughout the day as he had been recovering from treatment."

The group raised an impressive £3,000 after 72 holes of golf, but were rocked the following day after learning that Billy had passed away. "We were all devastated, but from this adversity we talked about making the fundraising bigger for 2023," Andrew said.

"We decided to do two things: we'd celebrate Billy's life every year with a Christmas competition, and we'd make the Big Golf Race a charity day, with the aim of filling the golf course with 72 like-minded golfers to raise as much as possible for this very worthy cause."

Andrew and his clubmates stuck to their promise, with 25 teams helping to raise just shy of £13,000.

"We had the support of many golf clubs and suppliers, and we want to thank everyone that contributed," Andrew added.

We salute each and every golfer that has taken up this challenge across the UK. Well done to everyone.



## Find out your risk of prostate cancer - and spread the word

**If prostate cancer is caught early enough, it can be treated and cured. So, by sharing our 30-second risk checker with fellow golfers and friends, you could save lives – like David Hadley-Smith from Moor Hall Golf Club.**

After being diagnosed aged 56 in 2013 and successfully treated, David made it his mission to raise awareness of prostate cancer among members of his Birmingham-based club.

Thanks to him, nearly 40 men went to speak to their GP about prostate cancer, and a staggering 10 were diagnosed. David continues his mission today by volunteering at dozens of Prostate Cancer UK events and sharing his prostate cancer story.

Tragically, David was especially aware of the importance of early diagnosis. One of his golf mates,

Rob, was diagnosed too late to be cured, and after living with prostate cancer for more than 10 years, Rob sadly died from the disease.

"I don't want anyone to go through what I have. Like my two sons, who I know are at higher risk of getting the disease," David said.

"When it comes to friends, I don't think you appreciate what you've got until you lose it."

**You can find out your risk today by scanning this QR code, or by visiting [prostatecanceruk.org/golf-risk](https://prostatecanceruk.org/golf-risk)**



## Shiels cycles his way to epic fundraising tally

**This summer, the world's most popular golf YouTuber, Rick Shiels, triumphantly crossed the line of another epic fundraising challenge for Prostate Cancer UK.**

After conquering a 150-mile walk from Prestwick Golf Course to St. Andrews last year, Shiels swapped walking shoes for the saddle this time around, cycling a whopping 500 kilometres from the home of golf in Scotland to this year's Open Championship venue, the Royal Liverpool, in a custom two-seater bike called Barry.

Shiels, who boasts over 2.5 million subscribers, tackled scorching weather and countless broken chains to complete the distance over four gruelling days, raising an incredible £50,000 for Prostate Cancer UK, taking his total fundraising to a staggering £177,000.

"The challenge was without doubt the hardest thing I've ever done," he said. "It was so rewarding, humbling and inspiring to see the donations and messages coming in.

"I wanted to use my platform to shine a light on prostate cancer, and I was blown away again by the public's response and generosity. It also hammered home just how many men and families are affected by prostate cancer, and how important it is that the golf community continues to back Prostate Cancer UK."



# RESOURCES FOR YOU

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## Support us

We can support you every step of the fairway! For a typical golf day we can provide you with: branded golf balls, tees, pencils, pin badges and a range of awareness literature, posters and banners. Clubs who use our branded materials raise significantly more awareness and funds.

We are happy to provide these materials for free to help you make the most of your day and reach as many golfers as you can.

Register at:

[prostatecanceruk.org/golf](http://prostatecanceruk.org/golf)



## Speak to our Specialist Nurses

0800 074 8383\*

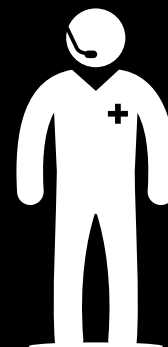
[prostatecanceruk.org](http://prostatecanceruk.org)

Whether you've been diagnosed or have concerns about prostate cancer or prostate problems, we're here to support you. We can also help partners, family members, friends, and health professionals with any questions you may have.

Call our Specialist Nurses from:

Monday to Friday 9am – 5pm

Wednesdays 10am – 5pm



## Contact us

020 3310 7399

[golf@prostatecanceruk.org](mailto:golf@prostatecanceruk.org)

[prostatecanceruk.org/golf](http://prostatecanceruk.org/golf)

## Social channels



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