# **ARE YOU AT RISK OF PROSTATE CANCER?**



# 1 in 8

In the UK, about 1 in 8 men will get prostate cancer at some point in their lives.



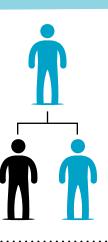
Prostate cancer is the most common cancer in men in the UK.

#### **OVER 50 YEARS OLD**

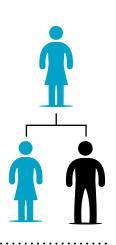
Prostate cancer mainly affects men over 50 and your risk increases with age. The average age for men to be diagnosed with prostate cancer is between 70 and 74 years.

## **FAMILY HISTORY AND GENES**

You are two and a half times more likely to get prostate cancer if your **father** or **brother** has been diagnosed with it, compared to a man with no family history of prostate cancer.



Your risk of getting prostate cancer is higher if your **mother** or **sister** has had breast or ovarian cancer.



## **ETHNICITY**





Black men are more likely to get prostate cancer than other men. In the UK, about 1 in 4 black men will get prostate cancer at some point in their lives. If you're black, you may be more likely to get prostate cancer if you're aged 45 or over.



Speak to our Specialist Nurses 0800 074 8383\* | prostatecanceruk.org

Check your risk in 30 seconds: prostatecanceruk.org/risk-checker